

EarthBody

Inlightenment

Friday: Beatrix shares her discoveries as a Medical Anthropologist in many traditional cultures. She imparts the imperative of people in technological societies reclaiming their lost "rootedness" for healing, rejuvenation and well-being.

Soleil shares the wisdom of the body consciousness and how all of us can come to the perception of our own core heart light. Your true center feels "Home" in the cosmos.

Sat: You unite the expansive sky energies through your body with the creative lava energies in the belly of the earth. Your root chakra becomes fully anchored into the Here and Now with the earth forces supporting your every step, deeply nourishing your path. Beatrix guides you through her Taraprocess based on Tibetan Tantra, Transpersonal Psychology, and her intunement with Hawaii's Big Island.

Sun: Your body is now ready to recognize and bathe in your embodied soul at your heart center. Through movement and inner process you will be taken to seeing and sensing through your cellular consciousness. Then, Soleil takes the group in dyads through Layers of the Heart. From clearing your emotional heart you will deepen into the felt-vision of your essential soul and being held in the Transpersonal All.

Empower Your New Year with Full Alignment!

Jan. 11, 2008 Seminar 7-9pm

\$15-10

Jan. 12 & 13, 2008 Workshop 9:30am-5pm

\$175

Pay in full by Jan. 1, 2008 \$150 for Workshop and Seminar

**Hidden Springs Wellness Center
1651 Siskiyou Blvd, Ashland, OR**



Beatrix Pfleiderer, PHD Medical Anthropologist, author of several books, studied traditions of healing in many countries and taught in American and German universities. As the earth ached under her feet, Beatrix left academia and began a Permaculture Center on the Big Island of Hawaii. There she created the Taraprocess.



Soleil Lithman, MA Transpersonal Counseling Psychology, has created a synthesis from psychology, evolutionary spirituality, and somatic process. Author and founder of *Inlighten the Body- The Hladina Method*, Soleil gives workshops in India, Germany, and the USA. *Layers of the Heart* is the central theme to her work with clients.

**For more Info: Call Soleil (541) 482-7223 See: www.inlightenthebody.com
Make checks to Soleil Lithman, send to: 210 Sunnyview Dr., Ashland, OR 97520**